UPMC LIFE CHANGING MEDICINE

Using a run chart 101

Step 1. Title your chart and axes by typing on the data tab

Whatever you type here (data tab) – will show up here (run chart tab)

Enter your chart title and axis labels below.

Chart Title: Weight Loss

Horizontal (X) Axis Label: (unit of time or sequence) — Daily — *For example: Hour, Day, Shift, Week, Month, Quarter, etc.*

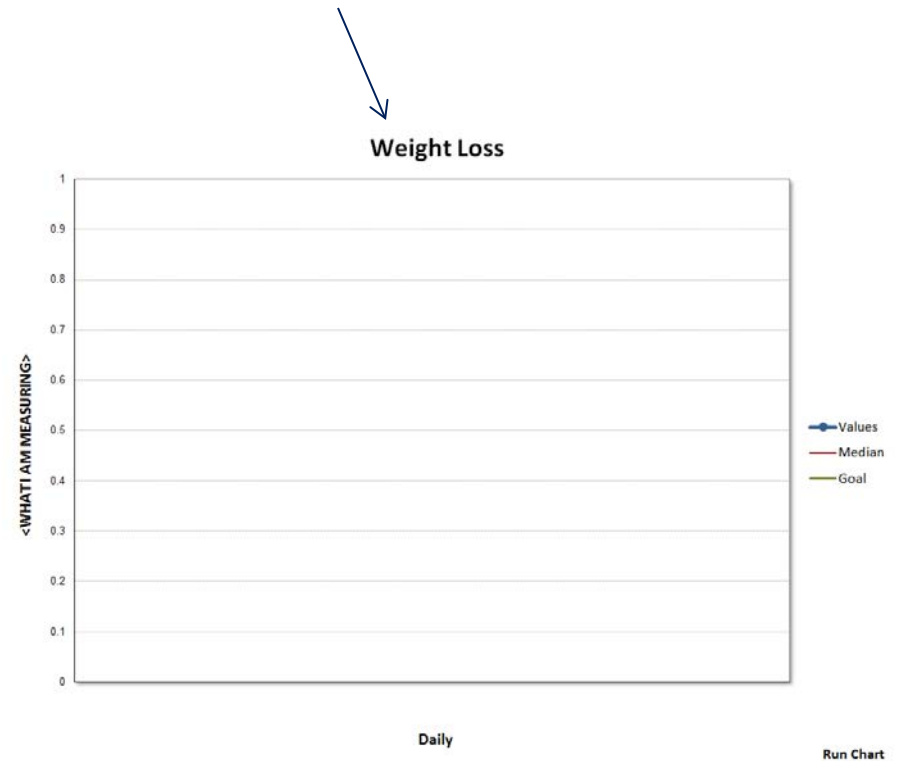**Vertical (Y) Axis Label:** (what is being measured) — <WHAT I AM MEASURING> — *For example: Number of Infections, Percent of Labs Received within 24hrs , Average Wait Time in Minutes, Number of Appointments per Day, etc.*

Enter the date of measurement in this column.

Enter the measurement value in this column.

Date	Measurement Value	Median	Goal

Enter the goal value in this cell.

Weight Loss

(Y axis: <WHAT I AM MEASURING>, 0 to 1 in 0.1 increments)

Values
Median
Goal

Daily

Run Chart

Step 2. Enter your data into the data tab

The median will recalculate with every data point you enter.

Chart Title: **Weight Loss**

Horizontal (X) Axis Label:
(unit of time or sequence)   **Daily**

For example: Hour, Day, Shift, Week, Month, Quarter, etc.

Vertical (Y) Axis Label:
(what is being measured)   **Body Weight**

For example: Number of Infections, Percent of Labs Received within 24hrs , Average Wait Time in Minutes, Number of Appointments per Day, etc.

Enter the date of measurement in this column.

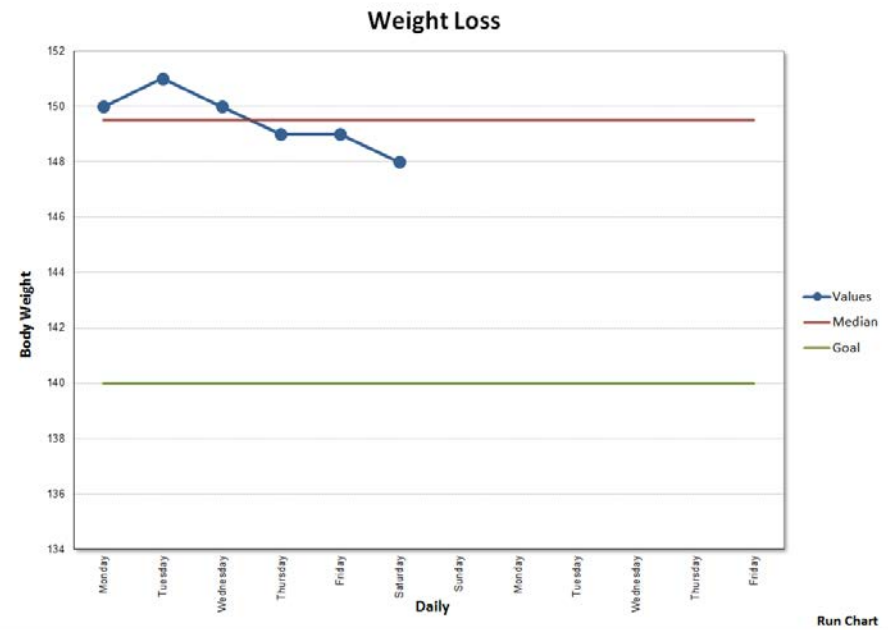Enter the measurement value in this column.

	Date	Measurement Value	Median	Goal
1	Monday	150	149.5	140
2	Tuesday	151	149.5	140
3	Wednesday	150	149.5	140
4	Thursday	149	149.5	140
5	Friday	149	149.5	140
6	Saturday	148	149.5	140
7	Sunday		149.5	140
8	Monday		149.5	140
9	Tuesday		149.5	140
10	Wednesday		149.5	140
11	Thursday		149.5	140
12	Friday		149.5	140

Enter the goal value in this cell.

Weight Loss

Body Weight / Daily

Values
Median
Goal

Run Chart

You just need to type the goal once.

You can annotate your chart by using the insert menu to show key elements of your change process

Questions?

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